

STAND WITH UKRAINE

INTERNATIONAL CHARITY FOUNDATION
OF THE UKRAINIAN CHAMBER OF COMMERCE AND INDUSTRY

PRECONDITIONS

- **4 MILLION OF UKRAINIANS BECAME REFUGEES**
- **1.5 MILLION OF THEM ARE CHILDREN**
- **75% OF UKRAINIANS SUFFERED PHYSICAL AND PSYCHOLOGICAL TRAUMAS**

WE SUPPORT **CHILDREN, WOMEN, OLD PEOPLE**
WHO SUFFERED FROM AGRESSION OF THE RUSSIAN FEDERATION

OUR WAYS OF SUPPORT

■ **PSYCHOLOGICAL REHABILITATION**

REHABILITATION CENTRES | TRAININGS AND CLASSES

■ **INTEGRATION INTO A PEACEFUL SOCIAL ENVIRONMENT**

EDUCATIONAL PROJECTS IN THE FIELD OF SOCIAL COMMUNICATION,
PERSONAL GROWTH, BUSINESS

■ **HUMANITARIAN AID**

GROCERY SETS | HYGIENE PRODUCTS | MEDICINES

OUR CAPABILITIES

WE PRESENT **IN ALL UKRAINIAN REGIONS** AND WE HAVE THE **NECESSARY INFRASTRUCTURE**

OUR PARTNERS

- **MINISTRIES AND STATE AUTHORITIES**
- **REGIONAL AUTHORITIES**
- **SOCIAL ORGANIZATIONS**



THE UKRAINIAN CHAMBER
OF COMMERCE AND INDUSTRY

PROGRAM OF PSYCHOLOGICAL REHABILITATION AND HEALTH IMPROVEMENT

OF UKRAINIAN CHILDREN WHO SUFFERED
FROM THE AGGRESSION OF THE RUSSIAN FEDERATION

*THE PROGRAM IS IMPLEMENTED
BY THE INTERNATIONAL CHARITY FOUNDATION
OF THE UCCI "STAND WITH UKRAINE"*

UNITY IS OUR STRENGTH

KYIV | 2022

THE PROGRAM'S GOALS

PSYCHOLOGICAL REHABILITATION

- MAINTAINING AND RESTORING THE PHYSICAL AND MENTAL HEALTH
- PREVENTION OF AGGRESSIVE AND SELF-DESTRUCTIVE BEHAVIOR
- REDUCING THE FREQUENCY AND SEVERITY OF THE CONSEQUENCES OF MENTAL TRAUMA

READINESS FOR AN INTEGRATION INTO A SOCIAL ENVIRONMENT

- IMPROVING LEARNING EFFECTIVENESS FOR DIFFERENT LEARNING FORMATS (ONLINE/OFFLINE)
- DEVELOPING SKILLS OF PLANNING THE EDUCATIONAL PROCESS AND THE DAY
- IMPROVING SKILLS IN COMMUNICATIONS AND ENGLISH LANGUAGE

ABOUT THE PROGRAM

LOCATION AND CONDITIONS

THE REHABILITATION CENTERS ARE LOCATED **IN RECREATION ZONES IN GREECE AND UKRAINE**

FOR CHILDREN WE CREATED ALL CONDITIONS TO BE IN SAFETY AND JOIN TO ALL THE PROGRAM ACTIVITIES FULLY.

CHILDREN ARE PROVIDED WITH 3-4 MEALS A DAY, QUALITY ACCOMMODATION AND RECREATION CONDITIONS, AND SECURITY SERVICES

DURATION 12 DAYS – ~50 HOURS OF PSYCHOLOGICAL TRAININGS, INDIVIDUAL CONSULTANCIES, AND EDUCATIONAL EVENTS

REHABILITATION GROUPS EACH GROUP IS **UP TO 20 CHILDREN**
+ 1 PSYCHOLOGIST + 1 ACCOMPANYING PERSON

KEY ACTIVITIES

PSYCHOLOGICAL TRAINING AND INDIVIDUAL CONSULTANCIES

EDUCATIONAL EVENTS: TIME-MANAGEMENT, ENGLISH LESSONS, SOCIAL NETWORKING, HOW TO PREPARE TO ONLINE/OFFLINE LESSONS ETC.

SPORTS AND CULTURAL ACTIVITIES

REST

ABOUT THE PROGRAM

PSYCHOLOGICAL TRAINING AND CONSULTANCIES

DURING THE PROGRAM, CHILD WILL BE ABLE TO

- Share their strong feelings (shame, fear, guilt, anger) and get help in overcoming them;
- Get support during remembering or telling a painful experience;
- Get support to restore self-esteem;
- Opportunity to discuss their own safety and plans for the future;
- Identify the symptoms of psychological trauma and get help in overcoming them;
- Restore trust in people and hope for the future.

METHODS AND TOPICS

Taking into account the specifics of the target audience of the Program, the following **types of methods** will be implemented: art therapy, method of active imagination, metaphor method, thematic discussions, role-playing games, non-verbal and motor methods

Training topics: feelings and emotions, a path to friendship, overcoming conflicts, fear and strength, I'm changing, steps into the future.

DRAFT DAY SCHEDULE FOR BOTH LOCATIONS

MORNING

Morning exercises (jogging, meditation, swimming)
Breakfast
Group psychological trainings using different types of therapy
Daytime sleep, calm games // **rest at the sea for the Camp (Greece)**

MID-DAY

Lunch
Daytime sleep, calm games // **rest at the sea for the Camp (Greece)**
Educational events and group classes
Master-classes in various fields (social networking, time management, your future profession, English lessons)
Sports and cultural activities (games with ball, table games, dance and sing lessons etc)
Daytime sleep, calm games // **rest at the sea for the Camp (Greece)**

EVENING

Dinner
Group and individual consultancies / different psychological and educational events (social networking, time management, your future profession, English lessons)
Master-classes quests, evening programs
End of the day

+ online school education
/starts in September/

ABOUT THE PROGRAM

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WE AIM TO **REHABILITATE 1 000 CHILDREN** PER YEAR

WE'LL HELP OUR CHILDREN TO **ACHIVE THE FOLLOWING GOALS**

- RESTORE OF PSYCHOLOGICAL AND PHYSICAL CONDITIONS
- IMPROVE SOCIALIZATION AND COMMUNICATION SKILLS
- INCREASE A READINESS FOR NEW SCHOOL YEAR

ABOUT THE PROGRAM



ZAKARPATIA, UKRAINE

€480 / child

€9.600 / group



KATERINI, GREECE

€650 / child

€13.000/ group

STEP 1

CHOOSE A REHABILITATION CENTER AND SUM TO DONATE

You can donate sum to one child or more and location of the Rehabilitation Center

STEP 2

DONATE CHOSEN SUM

Bank details are provided in this presentation

STEP 3

PARTICIPATION IN THE PROGRAM

We will organize a participation of children in the Program and provide all necessary psychological rehabilitation and health improvement activities for them

STEP 4

DONATION REPORT

After the end of the participation of children in the Program we will provide:

- Application forms of children
- Photo/video materials
- Thank you letters from guardians, parents

FOR PAYMENTS

БФ ТППУ РАЗОМ З УКРАЇНОЮ БО

Company address 33 Velyka Zhytomyrska Str., Kyiv, 01601, Ukraine

IBAN Code

EUR UA193052990000026009035029845

USD UA633052990000026001005025479

UAH UA863052990000026000005029658




Bank name JSC CB "PRIVATBANK"

Bank address 1D HRUSHEVSKOHO STR., KYIV, 01001, UKRAINE

Bank SWIFT Code PBANUA2X

Mrs. ANNA LIUBYMA

Director of the Department for
international cooperation of the
Ukrainian Chamber of Commerce and
Industry

+380 95 546.65.09   

ast-ier@ucci.org.ua

Anna.Liubyma@gmail.com