



POLAND25.EU

# Challenges and opportunities for effective support in large organizations

Katarzyna Zgódko  
15.05.2025, Warsaw





POLAND25.EU

# The Polish Scouting & Guiding Association

Great Organization –  
Great Responsibility

**114 080**

Members

**17**

Regional Headquarters

**342**

Scout districts



# Supporting the mental health of children and youth in the Polish Scouting and Guiding Association

- Individual approach to every child / Predictable environment with clear boundaries
- An active lifestyle and contact with nature
- Positive peer relationships, a sense of agency and influence
- Access to psychologists – ZHP Help Zone
- Psychological First Aid workshops for adult leaders
- Violence prevention

**Part of a broader system – not a separate one**

